

Department of Applied Psychology

Faculty CV

Name	Summayyah Shafique
Designation	Lecturer
Education	<ul style="list-style-type: none">● PhD Psychology (Climate Change Perceptions and Education), National University of Science and Technology, Islamabad, Pakistan (Since 2023)● MPhil Psychology (Prejudice and Discrimination, Colorism), Quaid-i-Azam University, Islamabad, Pakistan (2019-2021)● MSc Psychology (Self-concept and Friendship Quality), Quaid-i-Azam University, Islamabad, Pakistan. (2016-2018)● B.Ed (Mindfulness and Learning), Allama Iqbal Open University, Islamabad, Pakistan (2019-2020)● B.Sc (Zoology, Chemistry, Applied Psychology), Quaid-i-Azam University, Islamabad, Pakistan (2014-2018).
Professional Experience	<ul style="list-style-type: none">● Lecturer, Department of Applied Psychology, National university of modern languages, Islamabad, Pakistan. (Since 2023)● Visiting Lecturer, Department of Applied Psychology, National university of modern languages, Islamabad, Pakistan. (2023)● Adjunct Lecturer, Department of Psychology, Rawalpindi Woman University, Rawalpindi, Pakistan. (2023)
Research Interests	<ul style="list-style-type: none">● Attitudes and perceptions around climate change● Adolescent well-being● Intergenerational perspectives on prejudice
Publications/Conferences	<ul style="list-style-type: none">● Paper presentation at 5th “5th International Conference on Business, Management and Social Sciences” (ICBMASS – 2025) <i>Navigating Risk and Resilience: Investigating the Friends Youth Program’s Role in Empowering Adolescent Girls in Pakistan</i>. National University of Science and Technology, NUST, Islamabad. 2025.● Paper presentation at 8th International Conference on Mental Health and Productivity: <i>Mental Health Challenges for Youth Grounding Colorism in Pakistan: Internalization and Mental Health Outcomes</i>. Quaid-i-Azam University, Islamabad. 2021

	<ul style="list-style-type: none"> ● Paper presentation at 2nd International Conference on Preemptive Strategies in Clinical Psychology titled <i>the relationship between friendship quality, self-compassion, and self-criticism</i>. University of Management & Technology, Lahore. 2018
Honors/Grants (if any)	<ul style="list-style-type: none"> ● Dean’s List M.Phil ● Dean’s List M.Sc ● Honor Roll B.Sc
Workshops/Trainings (if any)	<ul style="list-style-type: none"> ● Gender Equality in the Context of Climate Change (SPARC under commonwealth of learning) 2025 ● Climate Change and Climate Action (SPARC under commonwealth of learning) 2025 ● Statistical Analysis of Data for Researchers (Under HEC Coursera access) 2025 ● Climate Resilient WASH workshop (Water Aid Pakistan) Training of Federal/Provincial stakeholders on proposal writing for securing CR-WASH financing 2024 ● First Aid – Life Saver’s Course (Certified training of Fair aid inclusive of CPR conducted by the Pakistan Life Savers Program & Centre of Excellence for Trauma & Emergencies, Agha Khan University.) 2024